Music Education for Students with Behavioural Challenges and ADHD: Using an Empathy-Based Approach
April 06 and 07, 2019

Many students with special needs bring to their music lessons behavioural issues that can make the learning process more challenging. Many of these challenges have at their root anxiety or a lack of understanding of the learning process, and this can require some creative problem solving on the part of the music teacher.

In this workshop, participants will develop an understanding of how to approach behavioural challenges with empathy and curiosity about the underlying issue, rather than simply addressing the behaviours, and in this way foster trust and respect with the student.

From that point of understanding, we will explore strategies that can be used to help students cope with the underlying issues, reduce challenging behaviours in the music class, and create a positive learning environment to enable the student to reach their full potential and to love making music!